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Tribunal Stamp

INSTRUCTIONS FOR RETURNING THIS FORM

- Click on **Save As** at any time to save your form to your computer
- **Email** us your form by attaching a saved copy and sending it to: BCHumanRightsTribunal@gov.bc.ca
- Or click **Print**, and **fax**, **mail**, or **hand deliver** a copy of your form to us
- **Keep a copy of all your documents**

Name of Complainant:	Case Number:
Name of person completing this form:	

I am seeking the following remedies: (check applicable remedies and give details)

<input type="checkbox"/> Order the Respondent cease the contravention and refrain from committing a similar contravention.
<input type="checkbox"/> Declaration that the conduct complained of is discriminatory.
<input type="checkbox"/> Order the respondent to pay \$ _____ for wages or salary lost because of the discrimination.
How I calculated the amount:
<input type="checkbox"/> Order the Respondent to pay \$ _____ for expenses incurred because of the discrimination.
How I calculated the amount:

Order the Respondent to pay compensation for injury to dignity, feelings and self-respect because of the discrimination.

1. Describe injury to dignity, feelings and self-respect.

2. If you have reviewed similar cases, state amount you request and list the similar cases.

Order the Respondent to pay interest on the above amounts.

Order the Respondent to give me the following right, opportunity, or privilege lost because of the discrimination:

Order the Respondent to take the following steps to address the effects of a discriminatory practice:

Order the Respondent to adopt an employment equity program or other special program to address the conditions of disadvantaged people.

I have attached more information in **numbered paragraphs** on _____ extra page(s)

I am delivering a copy of this form to any other party **and** to the Tribunal

MORE INFORMATION – REMEDY SOUGHT

If you win your case, the Tribunal will order a remedy for the discrimination. The purpose of the remedy is:

- to put you in the position you would have been in if the discrimination did not happen
- to compensate you
- **not** to punish the Respondent

Cease and refrain order

The Tribunal must order the person who discriminated to stop the discrimination and not to discriminate in the same or similar way again.

Declaration

A declaration is a statement that the conduct complained of or similar conduct is discrimination.

Lost wages

You can ask for lost pay or benefits. Usually this is lost wages, but it can include benefits you actually lost, such as health, pension or employment insurance benefits. You ask for the amount you actually lost.

For example: You lost your job where you made \$2,000 per month. You found part-time work right away paying \$500 per month. You found a full-time job after 4 months, making \$2,000 per month. You would ask for \$6,000:

You would have earned $\$2,000 \times 4 \text{ months} = \$8,000$

You earned $\$500 \times 4 \text{ months} = \$2,000$

The total you lost is $\$8,000 - \$2,000 = \$6,000$

Expenses

If you had expenses because of the discrimination, list them and set out the amounts you paid.

Examples of expenses: travel expenses to attend the hearing, photocopying costs, or cost of a medical report.

Compensation for injury to dignity, feelings and self-respect

Compare your complaint to other similar cases by looking at the Tribunal's final decisions on its website.

Interest

You can ask for interest on the amounts ordered.

Getting what you were denied

For example: You can ask for your job back, or for a license or benefit that you were denied.

Steps or programs to address the discrimination

If the discrimination is part of a pattern or practice, the Tribunal can order the Respondent to take action or adopt a program to fix the discrimination.

Apology

The Tribunal **cannot** order an apology. The Respondent might agree to an apology in a settlement.